



“When we looked for an expert GP to join our panel, Dr Ginni Mansberg was our first choice. Her expert knowledge, practical advice and humourous delivery made her a stand out speaker at our Trust Your Gut roadshow events. As a key opinion leader and panellist, Ginni delivered our key messages in her relatable style to help break down the stigma around gut health and bowel cancer. Ginni was also a firm audience favourite and a delight to work with.”

NICK LEE, JODI LEE FOUNDATION

SPEAKER

DR GINNI MANSBERG

**GP, WOMEN'S HEALTH EXPERT, KEYNOTE SPEAKER,
AUTHOR & PRESENTER**

WANT YOUR HEALTH INFO DELIVERED WITH NO JUDGEMENT, BUCKETS OF HUMOUR PLUS VALID SCIENTIFIC EVIDENCE? DR GINNI MANSBERG HAS THE ANSWERS.

Voted Australia's most trusted healthcare professional, "Sunrise GP", Ginni is a medico with more than 25 years of experience and a specialist in all things women's health, menopause, parenting, skin and preventative health. She's the author of five books with a sixth book 'Save your Brain' was release earlier this year and a recognised speaker, podcast host and creator.

THE FUTURE OF HEALTHCARE

Healthcare is moving rapidly. From personalisation to artificial intelligence. It feels like each day brings more advances and disruptive breakthroughs. What will healthcare look like in 10 years? Ginni unpicks the data and looks into her crystal ball to share her predictions.

GREAT MYTHS OF WOMENS HEALTH

Left off medical studies, excluded from medical decision making, women's health has been rife with rumours, misinformation and stigma. But women are taking the power back and getting armed with the facts. Time to disrupt women's health and give women the upper hand to tackle their health needs.

SAVE YOUR BRAIN

Our knowledge about getting the most out of your brain has come along in leaps and bounds recently. The latest data from the author of Save Your Brain about maximising your brain's output and keeping it younger for longer.

BRAIN CONNECTIONS

How does depression impact your brain? Why does what you eat control your memory? Why do hurtful memories last longer and even travel through the generations? Your brain connections decoded and how to get the most out of them.

SWITCH ON YOUR HEALTH BS RADAR

How to spot good info from bad. Who to believe and at the heart of every conspiracy theory is there a tiny kernel of truth?

GINNI IS AVAILABLE FOR:

- KEYNOTES & WORKSHOPS
- MC & EVENT HOSTING
- PANEL MODERATION OR PARTICIPATION

