



EXPERT BIO

DR GINNI MANSBERG

GP & TV PRESENTER

6 CHILDREN, A BUSY GP PRACTICE AND TV COMMITMENTS IS ENOUGH TO SLOW MOST PEOPLE DOWN, BUT NOT DR GINNI MANSBERG, AUSTRALIA'S MOST TRUSTED HEALTH CARE PROFESSIONAL.

Voted Australia's most trusted healthcare professional, "Sunrise GP", Ginni is a medico with more than 25 years of experience and a specialist in all things women's health, menopause, parenting, skin and preventative health.

She is Channel 7's resident GP on Sunrise and The Morning Show, host of Channel 9's Embarrassing Bodies Australia, and expert on SBS's Medicine or Myth.

She's the author of six books the most recent of which, *Save Your Brain* was released earlier this year and a recognised speaker, podcast host and creator. Ginni delivers easy to understand, scientifically validated health advice, all delivered without judgement and with her customary sense of humour. She's a popular choice for content and campaign partnerships, broadcast opportunities and presenting.

Having completed a Graduate Diploma of Journalism at UTS,

she is also a best-selling author and has worked extensively as a medical journalist, contributing regular feature articles and columns for a range of consumer and trade publications.

In addition to her clinical and media work, she also sits on a number of Advisory Boards, and is a supervisor in the medical faculty at the University of Notre Dame.

Ginni also runs a medical consulting practice and is the cofounder and Medical Director of cosmeceutical skincare company, ESK as well as her workplace wellness company, Don't Sweat It- Menopause in the Workplace.

Dr Ginni is available for media interviews and appearances, PR campaigns, and TV and radio presenting.

