



EXPERT BIO

DR MICHELA SORENSEN

GP & WOMEN'S HEALTH ADVOCATE

AS A GP & WOMEN'S HEALTH ADVOCATE THE PAST FEW YEARS HAS SEEN DR MICHELA SORENSEN BUILD A REPUTATION FOR BREAKING DOWN MEDICAL INFORMATION INTO EASILY DIGESTIBLE MESSAGES RELEVANT TO EVERYDAY AUSSIERS.

Her warmth and trustworthiness made her a favourite guest on Seven Network's The Morning Show & The Daily Edition, and she has been quoted in ABC News, News.com.au and Mamamia on topics including vaccination, skin cancer protection and mental health challenges faced by children during the pandemic.

Currently practicing in Sydney where she lives, Michela also has extensive experience working in rural and isolated locations and is passionate about building empowered and thriving regional communities; something she believes is possible by enabling access to, and a better understanding of, reliable health information. Growing up in the country, where the nearest doctor (often booked out months in advance) was 200km away - Michela realised the value of reliable healthcare at an early age. She understands the value of a good relationship and convenient access to a medical professional.

A graduate of the University of Newcastle in 2011 and admitted to the Royal Australian College for General Practitioners in 2013,

Michela has worked in rural Uganda, Alice Springs, Karratha (WA) and far north Queensland. These experiences reinforced her conviction that only healthy communities can truly prosper.

Michela also has a keen interest in women's health, paediatrics, fertility and mental health; in particular, the challenges facing young women in the digital age, such as the pressures of 'hustle culture' and beauty standards displayed on social media.

In her clinic, she works extensively with women aged 14 to 30, responding to the unique needs of this group by not only supporting them in understanding and managing their physical wellbeing but also supporting them to build resilience and enhance their mental wellbeing.

Dr Michela Sorensen is available for expert medical commentary, keynote speaking, media campaigns and brand partnerships.



For more, contact hello@thelifestylesuite.com

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